



ISA Regional Cheer and Dance Competition

Get **EXCITED!** The Intermountain Spirit Association is hosting the annual cheer/dance competition and scholarship competition!
This competition will be an **NCA/NDA** national qualifier!

Location: Juan Diego High School
300 East 11800 South
Draper, UT 84020

Date: February 2008
*Scholarship comp. will be held first, early in the morning.

REMEMBER –

- You can still sign up for an ISA membership for \$30.00 and get a competition fee discount!
- When entries are turned in on time, things run more smoothly!
- Each late entry will be charged \$10.00 after the deadline. Please check the fees on the entry forms. **NO EXCEPTIONS!**
- Locker rooms will be available for dressing room, and must be kept clean. **NO GLITTER!** The school could charge anyone not keeping the facility clean.
- **This year's upcoming ISA Coaches Conference will be held May 2008 at Salt Lake Community College Larry H. Miller Campus. Mark your calendars!**
- Make ALL checks payable to **INTERMOUNTAIN SPIRIT ASSOCIATION.**

*****PRICING IS AS FOLLOWS*****

ISA Members: Cheer & Dance teams - \$110.00 per group per routine

Non-ISA Members: Cheer & Dance teams - \$140.00 per group per routine

Stunt Teams: \$75.00

Solos: \$25.00

Duet: \$40.00

Scholarship Information:

Cost is \$10.00 per applicant. Scholarship competition will include an interview and a 1:00 – 1:30 solo routine. Scholarship judging and interviews will take place early in the morning. Winners will be announced at the end of competition that day.

******Because this is a qualifier for the NCA/NDA nationals, please refer to www.NationalSpirit.com for a complete list of rules and regulations******



Divisions and Time Requirements

2007-2008 High School/Junior High Divisions

Divisions: 1. ***Junior High (7th – 9th grade)*** 2. ***Sophomore (10th grade)***
3. ***J.V. (10th – 11th grade)*** 4. ***High School (10th – 12th grade)***
5. ***Co-Ed***

Cheer Division –

Time Limit: 1:00 – 2:30 minutes

Stunt Group Division –

Time Limit: 1:00 – 1:30 minutes

Song leading/Pom Division –

Time Limit: 1:00 – 3:00 minutes

Hip Hop Division –

Time Limit: 1:00 – 3:00 minutes

Jazz Division -

Time Limit: 1:00 – 3:00 minutes

2007-2008 All-Star/Studio Divisions

Divisions: 1. ***Mini (preschool & kindergarten)*** 2. ***Youth (1st - 4th grade)***
3. ***Junior Prep (4th – 6th grade)*** 4. ***Junior (7th – 9th grade)*** 5. ***Senior (9th – 12th grade).***

Mini Division –

Time Limit: 1:00 – 3:00 minutes

Stunt Group Division –

Time Limit: 1:00 – 1:30 minutes

Cheer Division –

Time Limit: 1:00 – 2:30 minutes

Song leading/Pom Division –

Time Limit: 1:00 – 3:00 minutes

Hip Hop Division –

Time Limit: 1:00 – 3:00 minutes

Jazz Division -

Time Limit: 1:00 – 3:00 minutes



Team Application - Cheer & Song

School or Studio Name _____

Phone _____ Director Name _____

Address _____ Email _____

City _____ State _____ Zip _____

**Please check one: Novice/Beginning _____ OR
Intermediate/Advanced _____**

Beginning/Novice: Majority of squad members first year competing. Beg. /Int. skills include round offs, forward rolls, less than half the squad with handsprings. Thigh-stands, and elevator or extension stunts or tosses with simple dismounts.

Intermediate/Advanced: Majority of squad members two or more years competing. Intermediate/Advanced skills include majority of squad with handsprings (running or standing), back tucks, etc. Extension stunts or tosses with twisting or complicated dismounts.

<input type="checkbox"/> High School Cheer	Size of Team	ISA Member	Non-Member
<input type="checkbox"/> All-girl Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Non-Mount Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Co-Ed Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> J.V. Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Sophomore Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Jr. High School Cheer	Size of Team	ISA Member	Non-Member
<input type="checkbox"/> All-girl Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Non-Mount Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Co-Ed Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> All-Star Cheer	Size of Team	ISA Member	Non-Member
<input type="checkbox"/> Mini Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____ Co-Ed _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Youth Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____ Co-Ed _____	_____	_____ \$110	_____ \$140

<input type="checkbox"/>	Jr. Prep Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____ Co-Ed _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Junior Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____ Co-Ed _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Senior Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____ Co-Ed _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Songleading/Pom Division	Size of Team	ISA Member	Non-Member
<input type="checkbox"/>	Mini Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Youth Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Jr. Prep Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Junior Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/>	Senior Large (21-35 members) _____ Medium (13-20 members) _____ Small (6-12 members) _____	_____	_____ \$110	_____ \$140

Total # of Routines Entered _____ x \$140 or \$110 = \$ _____

*****Remember*****

**Make checks payable to:
Intermountain Spirit Association**

**And mail to:
10224 N. Pinion Drive
Cedar Hills, UT 84062**



Team Application - Dance

School or Studio Name _____

Phone _____ Director Name _____

Address _____ Email _____

City _____ State _____ Zip _____

- Beginning**
- Intermediate**
- Advanced**

<input type="checkbox"/> Jazz Division	<i>Size of Team</i>	<i>ISA Member</i>	<i>Non-Member</i>
<input type="checkbox"/> <i>Mini Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Youth Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Jr. Prep Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Junior Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Senior Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> Hip Hop Division	<i>Size of Team</i>	<i>ISA Member</i>	<i>Non-Member</i>
<input type="checkbox"/> <i>Mini Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Youth Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Jr. Prep Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Junior Large (21-35 members)</i> _____ <i>Medium (6-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140
<input type="checkbox"/> <i>Senior Large (21-35 members)</i> _____ <i>Medium (13-20 members)</i> _____ <i>Small (6-12 members)</i> _____	_____	_____ \$110	_____ \$140

Total # of Routines Entered _____ x \$140 or \$110 = _____

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Solo, Duet, Trio, and Stunt Group Application

- Solo \$25.00
- Duet \$40.00
- Trio \$60.00
- Stunt Group \$75.00

Name 1. _____
2. _____
3. _____
4. _____

Director _____

Studio/School Name: _____

Address: _____

Email _____

Phone Number: _____

Division

- Mini (Preschool & Kindergarten)
- Youth (1st – 4th grade)
- Jr. Prep (4th – 6th grade)
- Junior (7th – 8th grade)
- Sr. Prep (9th – 10th grade)

- Senior (11th – 12th grade)

Category

- Cheer
- Stunt Group
- Songleading/Pom
- Hip Hop
- Jazz

***Level (check only if competing in hip hop or jazz) ***

- Beginning
- Intermediate
- Advanced

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