



ISA Regional Cheer and Dance Competition

Get **EXCITED!** The Intermountain Spirit Association is hosting the annual cheer/dance competition and scholarship competition!

This competition will be an **NCA/NDA** national qualifier!

Location: Juan Diego High School
300 East 11800 South
Draper, UT 84020

Date: February 14, 2008

*Scholarship comp. will be held first, early in the morning.

REMEMBER –

- When entries are turned in on time, things run more smoothly!
- Each late entry will be charged \$10.00 after the deadline. Please check the fees on the entry forms. **NO EXCEPTIONS!**
- Locker rooms will be available for dressing room, and must be kept clean. **NO GLITTER!** The school could charge anyone not keeping the facility clean.
- Make ALL checks payable to **INTERMOUNTAIN SPIRIT ASSOCIATION.**

*****PRICING IS AS FOLLOWS*****

Cheer & Dance teams: \$125.00 per group per routine

Stunt Teams: \$75.00

Solos: \$25.00

Duet: \$40.00

Scholarship Information:

Cost is \$10.00 per applicant. Scholarship competition will include an interview and a 1:00 – 1:30 solo routine. Scholarship judging and interviews will take place early in the morning. Winners will be announced at the end of competition that day.

******Because this is a qualifier for the NCA/NDA nationals, please refer to www.NationalSpirit.com for a complete list of rules and regulations******



Divisions and Time Requirements

2008-2009 High School/Junior High Divisions

Divisions: 1. **Junior High (7th – 9th grade)** 2. **Sophomore (10th grade)**
3. **J.V. (10th – 11th grade)** 4. **High School (10th – 12th grade)**
5. **Co-Ed**

Cheer Division –

Time Limit: 1:00 – 2:30 minutes

Stunt Group Division –

Time Limit: 1:00 – 1:30 minutes

Song leading/Pom Division –

Time Limit: 1:00 – 3:00 minutes

Hip Hop Division –

Time Limit: 1:00 – 3:00 minutes

Jazz Division -

Time Limit: 1:00 – 3:00 minutes

2008-2009 All-Star/Studio Divisions

Divisions: 1. **Mini (preschool & kindergarten)** 2. **Youth (1st - 4th grade)**
3. **Junior Prep (4th – 6th grade)** 4. **Junior (7th – 9th grade)** 5. **Senior (9th – 12th grade).**

Mini Division –

Time Limit: 1:00 – 3:00 minutes

Stunt Group Division –

Time Limit: 1:00 – 1:30 minutes

Cheer Division –

Time Limit: 1:00 – 2:30 minutes

Song leading/Pom Division –

Time Limit: 1:00 – 3:00 minutes

Hip Hop Division –

Time Limit: 1:00 – 3:00 minutes

Jazz Division -

Time Limit: 1:00 – 3:00 minutes



Team Application - Cheer & Song

School or Studio Name _____
Phone _____ **Director Name** _____
Address _____ **Email** _____
City _____ **State** _____ **Zip** _____

**Please check one: Novice/Beginning _____ OR
 Intermediate/Advanced _____**

Beginning/Novice: Majority of squad members first year competing. Beg. /Int. skills include round offs, forward rolls, less than half the squad with handsprings. Thigh-stands, and elevator or extension stunts or tosses with simple dismounts.

Intermediate/Advanced: Majority of squad members two or more years competing. Intermediate/Advanced skills include majority of squad with handsprings (running or standing), back tucks, etc. Extension stunts or tosses with twisting or complicated dismounts.

<input type="checkbox"/> High School Cheer	Size of Team	
<input type="checkbox"/> All-girl Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Non-Mount Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Co-Ed Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> J.V. Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Sophomore Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Jr. High School Cheer	Size of Team	
<input type="checkbox"/> All-girl Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Non-Mount Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Co-Ed Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> All-Star Cheer	Size of Team	
<input type="checkbox"/> Mini Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____		
Co-Ed _____	_____	_____ \$125
<input type="checkbox"/> Youth Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____		
Co-Ed _____	_____	_____ \$125



Team Application - Dance

School or Studio Name _____

Phone _____ Director Name _____

Address _____ Email _____

City _____ State _____ Zip _____

- Beginning**
- Intermediate**
- Advanced**

<input type="checkbox"/> Jazz Division	Size of Team	
<input type="checkbox"/> Mini Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Youth Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Jr. Prep Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Junior Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Senior Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125

<input type="checkbox"/> Hip Hop Division	Size of Team	
<input type="checkbox"/> Mini Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Youth Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Jr. Prep Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Junior Large (21-35 members) _____		
Medium (6-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125
<input type="checkbox"/> Senior Large (21-35 members) _____		
Medium (13-20 members) _____		
Small (6-12 members) _____	_____	_____ \$125

Total # of Routines Entered _____ x \$125 = _____

Make checks payable to:
Intermountain Spirit Association
And mail to:
10224 N. Pinion Drive Cedar Hills, UT 84062



Solo, Duet, Trio, and Stunt Group Application

- Solo \$25.00
- Duet \$40.00
- Trio \$60.00
- Stunt Group \$75.00

Name 1. _____
 2. _____
 3. _____
 4. _____

Director _____

Studio/School Name: _____

Address: _____

Email _____

Phone Number: _____

Division

- Mini (Preschool & Kindergarten)
- Youth (1st - 4th grade)
- Jr. Prep (4th - 6th grade)
- Junior (7th - 8th grade)
- Sr. Prep (9th - 10th grade)

Senior (11th - 12th grade)

Category

- Cheer
- Stunt Group
- Songleading/Pom
- Hip Hop
- Jazz

Level (check only if competing in hip hop or jazz)

- Beginning
- Intermediate
- Advanced

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